

MARATHI VISHWA
AGREEMENT FOR INFORMED CONSENT AND WAIVER OF LIABILITY

I _____ understand
and hereby agree to the following:

1. That I am participating in yoga and breathing exercise classes during which I will receive information and instruction about yoga and health. I recognize that Yoga and breathing exercise requires physical exertion, which may be strenuous and may cause physical injury, and I am fully aware of the risks and hazards involved.
2. Yoga and specific poses and breathing exercise is not recommended and not safe under certain medical conditions such as but not limited to cardiac illness, blood pressure, later stages of pregnancy and post surgery ... etc.

It is my responsibility to consult with a physician prior to and regarding my participation in yoga and breathing exercise classes.

3. In consideration of being permitted to participate in the Yoga and breathing exercise classes, I agree to assume full responsibility for any risks, injuries or damages, known and unknown, which I might incur as a result of participating in the program.
4. In further consideration of being permitted to participate in the yoga and breathing exercise classes, I knowingly, voluntarily, and expressly waive any claim I may have against instructors, the Owners and or Marathi Vishw and its subsidiaries and its directors, trustees, employees, associates and members for any and all risk of bodily injury, death and or property damage that I may sustain as a result of my participation in the Yoga and breathing classes.

I have read the above release and waiver of liability and fully understand its contents. I voluntarily agree to the terms and conditions stated above.

Date: _____

Signature of participant: _____

If participant is under 18: As legal guardian of _____, I consent to the above terms and conditions.

Signature of parent / guardian _____